## STARTERS

Roasted carrot soup with marinated feta, black onion seeds and chilli oil served with bread $£ 5.95$

Chicken liver parfait with crispy chicken skin and a plum and tomato gel $£ 7.50$

Salmon fishcake with dill mayonnaise, chive oil topped with pickled cucumber and red onion $£ 7.50$

2 Bean Tempeh served with ginger turmeric sauerkraut, salad and coconut yoghurt and soy maple glaze ( Vg )
$£ 7.50$

Roast butternut squash tart with pumpkin crisps, butternut squash puree and red onion jam
(V)
$£ 7.50$

## MAIN COURSE

21 day aged $100 z$ grass fed Pembrokeshire Dexter sirloin steak, chips, confit cherry tomatoes, pickled onion rings, roasted mushrooms (Add Peppercorn sauce £2.50)
£27.95

Wild mushroom tagliatelle, oat cream and pangrattato crumb (Vg)
£17.95

Welsh Venison fillet, parsnip puree, braised savoy cabbage, beetroot relish, madeira sauce and roast veg crisps
£28.50

Pork belly with celeriac mash, rainbow chard and a mustard and apple sauce.
$£ 25.95$

Miso cured cod, mussels, pickled carrot salad, pak choy and chestnut mushroom broth.

## SIDES

Chips . Tempura courgettes . Potato terrine with smoked mayonnaise . Onion rings $£ 4.50$ each

## DESSERT

Sticky Toffee pudding, butterscotch sauce and ginger ice cream (V)
$£ 7.50$

Classic crème Brulee with vanilla shortbread (V)
£7.50

Chocolate mousse , frosted nuts and crème fresh (V)
$£ 7.50$

Castle Coaching cheese board (V) £10.50

## COFFEE \& SPECIALITY TEAS

(Oat milk available please ask)
Cappuccino, Latte, Flat white, Americano - £3.50

Espresso - £2.30

Liqueur Coffee - £7.50

Pot of tea $-£ 2.95$

Herbal Teas - $£ 2.95$
(Peppermint, Chamomile, Chun mee green tea, English afternoon decaffeinated, Turmeric chai, Earl grey, Margarets hope Darjeeling)

## CHILDREN'S MENU

(Children up to 12 years)

Chicken goujons served with chips, peas or beans
$£ 5.95$

Sausage served with mash and gravy
£5.95

Spaghetti served with Bolognese, sprinkled with cheese
$£ 5.95$

Fish bites served with chips, peas or beans
£5.95

Tomato spaghetti (V)
$£ 5.95$

Selection of ice creams (Vanilla, Strawberry, Chocolate )
1 Scoop £3.00, 2 Scoops $£ 4.00,3$ Scoops $£ 5.00$

