

# CASTLE COACHING INN

## TRECASTLE

### APPETIZER

Marinated olives (VG)  
£ 4.50

Whitebait, tartare sauce  
£ 5.50

Bread & butter  
£ 3.50

Spiced houmous, olive oil, breadstick  
£ 5.50

Garlic bread & cheese  
£ 4.50

### STARTER

#### Welsh rarebit (V)

Sourdough toast, organic cheese sauce,  
pickled shallots, dressed leaf  
£ 9.00

#### French onion soup

Caramelised white onion, veal  
broth, cheese, croutons  
£ 8.50

#### Cold smoked salmon

Horseradish cream, capers,  
cucumber, lemon, warm rye bread  
£ 9.50

#### Chicken liver parfait

Beer & onion chutney, butter,  
sourdough bread  
£ 9.00

#### Korean fried chicken (GF)

Sweet and sour glaze (Gochujang),  
spring onion, sesame seed, coriander  
£ 9.00

#### Posh hash brown (V)

Truffle emulsion, parmesan,  
chives  
£ 9.00

### LIGHT LUNCH (FROM 11 AM TO 5 PM)

(Served with crisps or salad)

#### Halloumi "Club" (V)

Grilled halloumi, tomato, cucumber,  
lettuce, garlic mayo, crispy onion  
£ 11.50

#### Croque monsieur

Traditional French ham & cheese toastie,  
topped with a rich béchamel sauce  
£ 12.95

#### Cod or chicken goujon Sandwich (GFO)

Beer battered goujon, tartare sauce,  
lettuce, crispy onion, rye bread  
£ 12.95

### MAIN DISHES

#### Welsh bavette steak

Chimichurri, dressed salad leaf,  
french fries  
£ 19.25

#### Swansea catch of the day (GF) (Ask your server)

Crushed baby potatoes, courgettes,  
sweet potato, beurre blanc  
£ 26.95

#### Spicy lamb & beef sausages (GFO)

Buttered mashed potato, spicy 'nduja  
butter, kale, lamb jus, crispy onion  
£ 17.95

#### Oyster mushrooms tagliatelle (V)

Mushroom puree, parmesan,  
almond crumb, black truffle  
£ 17.25

#### DAILY SPECIALS

Ask your server about our  
daily specials

#### Burgers (GFO) (Beef or Chicken)

Welsh beef patty, brioche bun, confit garlic  
mayo, gherkins, lettuce, cheddar, French fries  
£ 17.95 (add bacon for £2)

#### Cod & chips

Beer battered cod, garden peas or  
mushy peas, tartare sauce, lemon,  
french fries  
£ 18.95

#### 10 oz welsh sirloin steak

Peppercorn sauce, onion rings,  
french fries, mushrooms, cherry  
tomatoes  
£ 29.95

#### Gammon & eggs

Thick cut gammon steak, 2 free-range  
eggs, mustard sauce, crispy baby  
potato, bacon crumb  
£ 16.95

#### Lamb cawl (GFO)

Fresh herbs, crusty bread & butter  
£ 16.50

#### Slow cooked pork ribs (GF)

BBQ sauce, sesame seed, spring  
onion, chili, coleslaw  
£ 18.95

#### Red thai vegetables curry (VG)

Mushrooms, spinach & root  
vegetables, rice, poppadom  
£ 15.95

### SIDE DISHES

(£ 4.95)

french fries (V)  
Add cheese 1.50

Onion rings (V)

Seasonal vegetables (VG)

Side salad (VG)

Mashed potato (V)

(V) = Vegetarian (VG) = Vegan (GF) = Gluten free (GFO) = Gluten free option

Please notify us at the time of ordering if you have any food allergies, intolerances or other dietary requirements.

Castle coaching inn : 01874618888